# OMEGA-3

# High potency fish oil with unwavering quality.

#### ltem# 22305 60 Capsules

Omega-3 fatty acids help the human body in many ways, from the heart to the brain. However, the only way to get the benefits from these essential fats is to obtain them from foods or supplements. Your body will not produce Omega-3's on its own, leaving you on a quest for either carefully chosen meals or a reliable, convenient supplement.

Synergy's highly potent Omega-3 capsules each contain 1,000 mg of oil sourced from cold water, fatty fish. These mackerel, anchovy, and sardine sources are known to be rich in EPA and DHA unsaturated fats, while being reliably low in contaminants. No need to worry about unpleasant fish flavors, as Synergy Omega-3 contains natural lemon oil for a better experience.

Synergy takes Omega-3 safety and purity one giant step further: Every batch of Omega-3 capsules we produce undergoes strict laboratory testing to ensure that they are free from mercury and other toxins. You can rest easy knowing that your fish oil is pure, potent and proven from Synergy WorldWide.

## BENEFITS

- Potent, convenient capsules
- Pleasant, natural lemon oil to mask fishy flavor
- Reinforces normal brain function
- Supports normal function of the heart
- Promotes normal vision and eye health

### RECOMMENDED USE

Take one capsule with a meal 2 times daily.



Nutrition Information / Inhaltsstoffe / I Vuorokausiannoksen ravintosisältö / Näringsinnehåll / Apporti giornaliere per dose giornaliera raccomandata / Näringsinnehåll Fish oil / Fischöl / Kalaöliy / Fiskolia /	Per 2 capsules / Pro 2 Kapseln / 2 kapselia / Per 2 kapslar / Per 2 capsule/ per 2 kapsler 2000 mg
Olio di pesce / Fiskeolje	2000 mg
Of which Omega 3 fatty acids / Davon Omega-3-Fettsäuren / joista Omega-3-rasva Happoja / varav omega 3-fettsyror / di cui Omega 3 acidi grassi / herav omega-3-fettsyror	1400 mg
Of which eicosapentaenoic acid (EP, Davon eicosapentaensäure (EPA) / josta eikosapentaeenihappo (EPA) / varav eikosapentaensyra (EPA) / di cui acido eicosapentaenoico (EPA herav eikosapentaensyre (EPA) / docosahexaenoic acid (DHA) / docosahexaensäure (DHA) / dokosaheksaeenihappo (DHA) /	,
dokosahexaensyra (DHA) / acido docosaesaenoico (DHA) / dokosaheksaensyre (DHA) /	

\*As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition. This product is not intended to diagnose, treat, or prevent any disease.

